

The Shiatsu Society UK, Practical Assessment

Self- Assessment

Please bring this form with you and complete it at your practical assessment

Name

Date

Practical

For **each** of the shiatsu mini-treatments you give, make some notes to indicate how your shiatsu was today. You may wish to comment on areas such as: your connection with the receiver's ki, your ability to reach a diagnosis and make sense of it, the accuracy of your channel location, whether or not you were nervous and how that may have changed, or anything else you feel was relevant.

Practical 1

Practical 2

Practical 3 (if applicable)

To what extent was your shiatsu today representative of your shiatsu in general?

Point Location

Did you feel your point location was accurate?

Interview

How do you feel you did during your interview?

Please hand this to the assessors before you leave.