

**Shiatsu Society (UK)**

**Reports of the Directors  
&  
Agenda**

**for the**

**Annual General Meeting 2009**

# CONTENTS

Directors and Officers	1
Sub Committee Members	1
Chair's Report – Tamsin Grainger	2
Treasurer's Report – David Home	4
Financial Summary to 30 <sup>th</sup> November 2008	5
Director's Report – David Home	6
Director's Report – Elizabeth Davies	10
Director's Report – Catherine Scanlon	11
Congratulations	11
Director's Report – Tamsin Grainger	11
Director's Report – Mick Duncan	11
Notice of Annual General Meeting	20
AGENDA	21
Minutes of A.G.M. 2008	21
Proposals	26
Notice of Extraordinary General Meeting	27
AGENDA	28
Minutes of E.G.M. 2008	28
Proposals	29

Page numbers to be inserted after printers proof.

# DIRECTORS and OFFICERS

## Directors

Tamsin Grainger	Chair
Catherine Scanlon	Vice Chair
Mick Duncan	Company Secretary
David Home	Treasurer
Elizabeth Davies	

Resignations during the year: Cliff Jenkinson (30<sup>th</sup> November 2008)

Tamsin Grainger took over the Chair from David Home on 12<sup>th</sup> December 2008.

## SUB COMMITTEE MEMBERS

The Directors of the Society would like to thank the following members for committing considerable amounts of time to working on sub committees. The Society could not function without them.

Anne Palmer	Annie Cryar	Dinah John	Kate Burford
Artemis Papert	Teresa Hadland	Katharine Hall	Laura Davison
Veronica Howard	Sylvie Marshall	Sara Hooley	Martin Julich
Sibylle Walter	Elaine Liechti	Celia Little	Kulwinder Kaur
Jude Pereles	Carol Dean	Elaine Seery	Hannah Mackay
David Talbot	Daniella Coronelli	Michelle Campling	Marilyn Collins
Michael Cullingworth	Dianna Cheong	Jonathan Tarr	Suzi Caunce
Geoff Hogan	Debbie Collins	Jocelyn Wellburn	Francisco Sa
Jean Robertson-Molloy	Tim Gratwick	Francesca Jaggs	Hilary Totah
Mark Norris	Sue Spurr	Rose Fuhrmann	Chris Harris
Carol Wells	Mark Stockley	Beverley Cattermole	Cheryl Jenkins
Jamie Hamilton			

We would also like to express our gratitude to the many members who have given their time and experience for the benefit of us all in a less formal way.

**THANK YOU ALL**

# CHAIR'S REPORT

Dave Home was the Chair during the most of the year since the last AGM and it is he who has watched over our initial contact with the new Regulator and laid the foundations for the coming year. Dave also introduced the idea of different levels of practitioner, reflecting perhaps the change in our world in which schools are offering a wider range of training than previously (short seated shiatsu, and facial shiatsu courses for example), and although this isn't part of the current Society's way, it does recognize the fact that 3 years of training plus a post graduate year is a substantial commitment. He was also Chair when the important European Shiatsu Federation (ESF) research was available to members, which is going to be vital in promoting shiatsu with the general public. I would like to thank Dave, on behalf of you all, for his hard work for the Society.

Following the resignation of Cliff Jenkinson who has fulfilled the role of Treasurer for many years, I would like to say a big thank you to him for his diligence and attention to detail. Cliff has implemented many new procedures which contribute to the smooth running of the Society, and has left us in a strong financial position.

It must be acknowledged that there have been difficulties with the '4-year rule' whereby graduates have to go forwards to MRSS within this time limit, and this has resulted in a drop in membership. Some members are unhappy with the compulsory Continuing Professional Development (CPD), and feel that the Society is trying to do more than it can manage with its resources.

Looking ahead, however, to 2009 we have entered a transition year where the new Government Regulation and Complementary and Natural Health care Council (CNHC) process is getting started and the role of the Shiatsu Society is changing. We are proactively stating our vision and aims in advance, examining whether to let go of major areas which have been the mainstay of the Society in the past, and embracing the opportunity to focus on some previously neglected or inadequately developed activities.

We are faced with the challenge of managing this exciting programme in a difficult financial world. Outside of the Society our clients, and the universities, colleges, clinics and hospitals where we work, are all poorer than they were. Inside our community, this could translate as less income for us as members – a challenge to our livelihoods. But the word on the street is that more folk are needing the support we offer them; a further group are considering re-training to be complementary health practitioners as they see it as a way out of their sometimes uncreative and unstable employment; and as we know from our work with Ki, we can envision our own environment, modeling our energy for the benefit of Society, and living sustainable and inspirational lives.

So in this climate when we ask ourselves, "Do we need a Shiatsu Society? Can we afford the membership fees? And will it actually deliver something that will get us new clients / students? My answer is "YES!" Our new plan will focus us; and the CNHC will provide safety for the public by ensuring that those on its register are properly trained, representing the public in situations where there are issues. We know that these things have concerned the Society for decades, taking up much time and money, but they have provided the CNHC with blueprints for their remit, so our hard work has paid off and we can now move forwards with a new vision of working closer together, networking, using effective and collective marketing, and utilizing all the research data we can get our hands on for the promotion of this special shiatsu.

## **5-Year Plan (2009 to 2013)**

Please find below a Statement of Intent to the 5-year plan. I had hoped to be able to publish a full plan with detailed financial forecasts in this booklet but, as you can imagine, this is a huge document and although it has been discussed at length both at Board meetings and in between since July 2008, we are not at the end of this process. It is very far ranging and therefore merits further careful consideration. We would however like to share with you our deliberations so far in this format, and as you will see at the bottom of the document a more informal discussion paper is also available.

The Shiatsu Society (UK)  
Statement of Intent regarding future 5-year plan  
2009-2013

Contents

1. Vision and aims for 2009-2013
2. Priorities for 2009-2013
3. Foreword: Do we need a shiatsu society?
4. Aim 1: Networking, CPD and mentoring
5. Aim 2: Marketing, newsletter
6. Aim 3: Research, ESF
7. Financial context
8. Final statement

**The role:** of the Shiatsu Society is to support its members in their practice of shiatsu.

**Vision:** For a world in which we can share shiatsu with more people.

**Mission:** To inspire the general public, reinforce knowledge and standards of shiatsu, and support ourselves to do this work.

**Values:** We are committed to the spirit and ethos of shiatsu, and the development of integrated healthcare. To

- the professionalism of our staff and members
- inclusion for those with varying experience and who practice many forms
- partnership with other agencies, and to openness in all our dealings

Aims for 2009-2013

1. To interact with each other for mutual support through networking and continuing professional development opportunities
2. To inform the public in the use and understanding of Shiatsu
3. To engage with research into Shiatsu

- Our first aim is to fulfill our needs as members for friendly exchange with each other both within our immediate communities and across Britain and Europe; and to stimulate and inspire one another through continuing professional development opportunities.
- Our second aim is to disseminate information about shiatsu and ourselves to an ever widening public, in a broad range of sectors including the NHS, the private health sector, those in need of therapy for body and mind, and the press.
- Our third aim is to address the current desire for proof of efficacy of shiatsu in a range of creative and acceptable ways, in order to facilitate communication about shiatsu with politicians, health professionals and the public.

Priorities for 2009-2013

1. To initiate and encourage others to provide a range of training opportunities in the areas of shiatsu, business, promotion and teaching skills; from basic introductory level to advanced learning for beginners and members
2. To develop interactivity regional meetings, networks, and social events through face-to-face meetings, website, e-news, and newsletter
3. To carry out an audit of current methods of promotion
4. To write a marketing plan for shiatsu (by convening a sub committee for the purpose)
5. To consolidate and disseminate research already undertaken; and devise ways of implementing new research (continue to work with and expand sub committee for the purpose)
6. To establish a method whereby our members can audit their work with their clients with a view to sharing this information and using it to build a brief for further research.

Forward: Do we need a Shiatsu Society?

2009 is a transition year where the new Government Regulation and CNHC process is getting started and the role of the Shiatsu Society is changing. We are proactively stating our vision and aims in advance, examining whether to let go of major areas which have been the mainstay of the Society in the past, and embracing the opportunity to focus on some previously neglected or inadequately developed activities.

We are faced with the challenge of managing this exciting programme in a difficult financial world. Outside of the Society our clients, and the universities, colleges, clinics and hospitals where we work, are all poorer than they were. Inside our community, this is a challenge to our livelihoods.

In this climate we must ask ourselves, “Do we need a Society?” My answer is “YES!” The CNHC will provide safety for the public by ensuring that those on its register are properly trained and will represent the public in situations where there are issues. Both of these things have concerned the Society for decades, taking up much time and money, and providing the CNHC with blueprints for their work. Our hard work has paid off and is now being taken over by another body. The purpose of the Society will be to promote, research, and support shiatsu and its infrastructure. It will defend the integrity of Shiatsu and of its members, and it will do these things effectively and honestly - members working for members.

To **support** each other in this mission, we are writing a 5 year plan that aims to clarify the way forward for the Society.

Firstly we aim to address the need for opportunities to stay fresh in our work through training and networking.

Our second aim is to **inspire** others to try shiatsu; and will look at forging partnerships with organizations that have regular and influential contact with the public.

Our third aim will **reinforce** the exciting research work that we have been so closely involved with through the European Shiatsu Federation (ESF), and goes further with collating, disseminating and initiating new projects.

A new internal code of conduct has been drafted and will be part of our Induction Pack for Board members. This is in response to, and acknowledgement of, past communication difficulties. It will encourage us to apply the sound principles of good shiatsu practice to the way we interact within the Society.

Once the plan is available in full, with financial forecasts, we will ask members to accept it, and in doing so, to positively agree on our mission, focusing on a shared future for shiatsu, and stating clearly how we will achieve that.

## 1. Networking and CPD opportunities

In 2008 we focused on this area, developing the **Interactivity** visits across the country. These were well received, and both repeat visits, and reaching out to new areas are necessary in order to interact with each other for mutual support through networking and continuing professional development opportunities.

Due to member feedback, **Annual General Meetings** are once again separate from Congress and a free, practical workshop is part of the proceedings. Varying locations around Britain, we have been linking with local shiatsu schools in order to encourage more students to be involved.

We have started to develop **Congress** with a wider range of accommodation and social activities available in order to be attractive to more members, encourage participation and provide a congenial atmosphere for sharing. We will continue to find ways of offering shiatsu workshops that allow for the most effective skills transference and teacher satisfaction. Using more varied timetabling we aim to provide opportunities for a greater number of teachers to lead smaller groups, thereby increasing both the range of classes available, and the connection between members.

We will be assessing the success of the free marketing and insurance workshops that were held in 2006/7, and considering other training needs. This will involve finding ways in which we can promote courses that meet members' requests for ways to learn about shiatsu, marketing, practice management, and first aid.

Feedback from the Interactivity visits has included suggestions for more local support groups (new ones have started in Bristol, north Wales and Cumbria), social events, and extra smaller congresses around the country. We will continue to support and develop these activities. The **mentoring** programme was re-organised in 2007 and there has recently been a boost in the numbers of mentees coming forwards. Mentoring is a vital part of the way we support each other, at whatever stage we are at in our shiatsu lives, and we will, look at new ways of encouraging more members to share in this way. We will have a dedicated tent at the July 2009 Congress where mentors will be available to answer questions and mentor where needed.

## 2. Marketing

We will be drawing up a marketing plan in 2009 in which we identify what has happened in this area in the past, which activities have been most successful, and look at plans for 2009-2013.

While this is being prepared we will maintain the following marketing services:

1. Direct promotion of the society, offering the public information about shiatsu and methods of locating practitioners, through drawing attention to our website, phone number, and marketing aids.
2. Assisting members in promoting themselves .
  - Courier exhibition boards (free to members) who want to use them for display purposes in talks and health fairs etc.
  - Promotional leaflets and posters about shiatsu
  - Booklets and web listings of practitioners, graduates and schools
- 3
  - Attendance at healthy living fairs offering opportunities for members to give shiatsu, and share their promotional information
  - On-going contact with the press via the press section on our website, providing press releases, case studies, and photographs to go alongside articles about shiatsu, as requested by journalists or members.

And, bringing together aims 2 and 3, we will instigate some new idea, such as:

- Sending all members a pack with promotional materials that tell their current and prospective clients and students all about the recent Phase II research.
- 2 colour leaflets (one about the research and one for our clients to inform them of the sort of reactions they may have to shiatsu)
- A poster for putting up in schools, clinics etc. about the research findings
- A laminated fact sheet for members to use when speaking about shiatsu and the research with GPs, specialist client groups and other interested parties
- A press release
- Fliers showing the new posters

We plan to follow this up with further packs prior to the European Shiatsu Week (September 2009), and at Congress.

A very successful photo shoot took place in 2008 and this will be repeated annually providing members and the administration with pictures for posters, display boards etc.

The **newsletter** is a very popular part of what the Society offers its members but it is very expensive in its current format. Therefore we propose, in the short term, to change to a 'programme' size, staying with full colour. This will allow us to maintain a similar amount of articles, letters and news, and at the same time will reduce postage costs.

In the longer term, there have been further good ideas proposed by the newsletter sub committee and other members, such as setting up a web-zine. We will continue to provide a newsletter in a format that will inspire and inform all our members, and provide the professional effect that is the hallmark of the UK's leading shiatsu association.

### 3. Research

There are strong connections between this aim and the marketing one, as all research has the potential to be used to tell people more about shiatsu, and attract and encourage them to feel confident in its effects.

We are considering 3 strands to our work with research:

- a. Working with the ESF on a collaboration with other European countries
- b. Looking at ways that members can be involved with
  - i) collecting research data
  - ii) symptom specific research
  - iii) looking into the nature and effects of Ki
- c. Ways to disseminate and use ESF research as part of members' marketing

In addition, we aim to maintain and improve the Society's research web page and facilities including publicising Diana Bewley's systematic review.

We propose to maintain our membership of the **European Shiatsu Federation** as we fully support all opportunities for European networking and exchange of information, and the research potential of being a member of such an organisation is invaluable.

## Financial Context

This section starts to look at how we plan to organise our finances so that we can maintain ongoing services; and then develop our work in the 3 areas specified earlier (1. Networking and CPD; 2. Marketing; 3 Research.).

The income of the Shiatsu Society is almost entirely made up of membership income (£179,791), and a small 'other' such as insurance commission at £42,182 (all 2008 figures).

As agreed by the membership, the Society uses a sum from the previous year for area heading budgets (Interactivity, Newsletter etc), and income from the current year for on-going costs (staffing, ethics, VAT, AGM, ESF etc). The ongoing costs of the Society were £113,271.02 in 2008 for administration, Directors, AGM, ESF, SRG, Ethics and VAT.

The following areas aim to draw even: education / ratification and congress.

Our regular contribution to the ESF is effectively a payment towards our third aim: research. However, it does not constitute costs of actual research. This has to be raised separately, and we are looking at making a proposal to the membership for ways to fund (or contribute to another ESF fund) for either a follow-on project or a new one.

We will propose to use a percentage of the money available for area-heading budgets to implement this plan when it is complete, and will stipulate the percentage that will be spent on each of the three areas: Networking and CPD, Research and Marketing.

During the next 5 years we would hope that our past successes plus these plans, will attract new members and that we can thereby increase our activities. We will set a target increase and measure the outcomes in membership year on year.

We must balance our membership fees against the current financial situation and the advent of the CNHC, and yet we need to be realistic if we want a Society that offers these facilities and services to help us market Shiatsu (and get more clients / students), produce more research, and allow us inspiring networking and CPD opportunities.

Membership fees will be reviewed for 2011, when we hope that the current negotiations for a block booking scheme with the CNHC, whereby Shiatsu Society members can enter the register for a concessionary rate, will be finalised.

In order to increase the budgets available to provide more for our members, there are some current areas of expenditure that could be scrutinised: Any changes that are made to the size of the Board, or to the payment that the Directors receive will affect the budget available; as will staffing changes and alterations to the newsletter. Cuts in the number of (hard copy) publications, such as the practitioners booklet, could be made, due to the public's increasing use the website to find practitioners. However, some members do not use the internet so some paper copies would always be available.

One major way that we can make things happen, however, is to utilise our network of members, and the goodwill of our clients to help promote shiatsu.

Many members already give their time free of charge to be on sub committees and do other jobs at various times. To them we are grateful, as it not only provides a valuable connection to a greater number of members and their views (allowing us to make plans that are alive and connected to members' real worlds), but because it spreads the work load and means that we do not exploit our Directors.

We know from our Interactivity visits and from those who have contributed to our website discussion boards or who filled in questionnaires, that members have invented creative ways to tell more people about shiatsu. We plan, with their permission, to share these ideas with everyone else via the newsletter, e-news, mail packs, the website, at Congress and other gatherings. In other words, together we can come up with ideas that cost little but are very effective.

Education, the future of MRSS, the relationship between the Society and shiatsu schools, membership categories, CPD, ethics, staffing / management structure.

We aim to integrate the changes that the Society is faced with due to the Government regulator. This will bring the Society through a transition phase, into a new format. To begin this process, a discussion document is available that teases out the strands of these complex issues so that we are more able to see just where the Society clearly needs to stand in the future.

## **Interactivity**

The Interactivity (16 for all members; 4 for schools) visits have been well received across England, Scotland and Wales, and there have been a number of significant outcomes. These include new local support groups being established, invaluable feedback about the Society given, and our network strengthened. More meetings and workshops are planned for 2009 (as finances allow), involving re-visiting some parts and new contacts being made in others.

## **Continuing Professional Development (CPD)**

CPD is now compulsory and all graduates, MRSS, t and T members are encouraged to keep a file containing material pertaining to the peer support groups they attend, introductory days they prepare for, research they are involved in, and courses they have enjoyed. There are many activities that qualify for CPD, and at the end of this current membership year, data will have to be submitted for continuation of membership. Ways to deal with data and systems for the random checking of files have been established. It may be necessary for further discussions with the appropriate branch of the new CNHC in the future and we will continue to represent members interests in this forum.

## **Mentoring**

The 2008 Mentoring event at Lower Shaw Farm, was a small success, and for those of us who attended, it was perhaps the last time we saw Chris Jarney who, as always, taught us eloquently under the blissful, blue sky, and gave his time free of charge. New and existing mentees continue to benefit from the fantastic voluntary services that mentors offer for supporting members in their studies, work and practice. Many thanks go to them for their time and energy in this work.

## **Congress**

Congress 2008 was held at Dunblane Hydro Hotel in Scotland, and feedback from those who attended was positive. Of note was the teaching of well-loved workshop leaders, stimulation of new research findings being presented, and the joy of meeting up with members from afar. Our 2009 eco-event 13<sup>th</sup> to 17<sup>th</sup> July at Green and Away is attracting a lot of attention, and will, thankfully, be affordable as well as. Our plans for 2010 are already underway and we hope to be able to announce the venue, dates and some headline tutors at the AGM.

## **External Communications**

This year has not seen much activity in the area of external communications due to lack of budgets, however, exhibition packs have continued to be available free of charge to all members and this service has been well used.

## **Research**

A new research sub-committee has recently been established and a great deal of work has been carried out in a small period of time. We have been focusing on disseminating the findings from Phase II of the ESF cross-European study, and have great plans for this coming year. A pack of useful information will be sent to all members; a press launch will take place as soon as possible; and if we can raise the money we will make a series of presentations to NHS trusts and Boards, and insurance companies. We will need to liaise with our ESF partners regarding a follow-up study; we have a great Shiatsu contact at a multiple sclerosis Centre that we hope to re-connect with; all current research has been made available through our website; and we will continue to look at a way in which all members can be involved in collecting pre-research data, through their on-going work with clients, in a format that can be utilized by a new group of researchers.

Tamsin Grainger, MRSS(T)

# TREASURER'S REPORT

I have taken on the role of Treasurer temporarily in a holding position since the resignation of Cliff Jenkinson at the end of November i.e. the end of the financial year. Cliff has kindly written a large part of the report on the actual figures as he handled the whole of the financial year covered by the report and I would like to thank him for that. It is obviously very important that the Society has a Treasurer, so that it can continue to carry on its affairs, however, I only stepped in on the clear understanding that a new Treasurer will be taking over after the AGM. The Society is facing a time of transition and needs a full and active Board to guide it forward, as a new 5-year plan begins to take shape. Please look to the Chair's report for more details. It only leaves me to say that the Society currently is financially stable, however, it has little room to create new projects, unless it can generate more income, which is part of the task that those who are elected to the Board in April will be involved in.

David Home, MRSS(T)

## Financial Summary

The full accounts are available by either requesting them from the Society's offices or from the downloads page in the members' area of the website. The Balance Sheet, Profit & Loss Account and Trading Profit & Loss Account are included below.

The Balance Sheet reflects the financial position of the Company at a specific point in time (ie 30<sup>th</sup> Nov) by showing the values for the assets, liabilities and capital.

The Profit & Loss Account reflects the results of the company's activities for a "period of time" (1<sup>st</sup> Dec to 30<sup>th</sup> Nov). The P&L account shows the total revenue ("turnover") minus the costs for generating that revenue ("cost of sales") to show "gross profit". All other company expenses are then deducted from "gross profit" to arrive at the "net profit or loss".

A net profit increases the capital value of the company a net loss decreases it. The capital value (or "retained profit") of the company is carried forward to the next year of trading. Therefore the P&L account shows the capital value which has been brought forward from the year before. The effect that the net profit or loss for the current year has on this figure shows the overall health of the company.

The accounts show that our cash reserves are stable at £25,000. The P&L account shows a profit for the financial year of £86,172. It is this amount that we are able to spend on projects and sub committee work in the current financial year. This has increased from the previous year due to some underspending on budgets and an increase in turnover.

Cliff Jenkinson, MRSS

*(Cliff wrote this financial summary as he was Treasurer for this accounting period).*

**THE SHIATSU SOCIETY (UK)  
(LIMITED BY GUARANTEE)**

**BALANCE SHEET  
AS AT 30TH NOVEMBER 2008**

	Notes		2008		2007
		£		£	£
<b><u>Fixed Assets</u></b>					
Tangible assets	4	246		695	
<b><u>Current Assets</u></b>					
Stocks		2,100		3,650	
Debtors	5	1,679		411	
Cash at bank		<u>118,883</u>		<u>64,745</u>	
		122,662		68,806	
<b>Creditors</b> Amounts falling due within one year	6	<u>(11,736)</u>		<u>(13,916)</u>	
<b>Net current assets</b>		<u>110,926</u>		<u>54,890</u>	
<b>Total Assets less current liabilities</b>		£ <u>111,172</u>		£ <u>55,585</u>	
<b><u>Reserves</u></b>					
Reserves		25,000		25,000	
Profit and loss account		<u>86,172</u>		<u>30,585</u>	
		£ <u>111,172</u>		£ <u>55,585</u>	

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 30th November 2008.

The members have not required the company to obtain an audit of its financial statements for the year ended 30th November 2008 in accordance with Section 249B(2) of the Companies Act 1985.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985; and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss of each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2007).

On behalf of the Board

.....  
T. Grainger  
Chair

**THE SHIATSU SOCIETY (UK)**  
**(LIMITED BY GUARANTEE)**

**PROFIT AND LOSS ACCOUNT**  
**FOR THE YEAR ENDED 30TH NOVEMBER 2008**

	Notes	2008 £	2007 £
<b>Turnover</b>	1	221,973	209,676
Cost of sales		<u>(49,887)</u>	<u>(40,696)</u>
<b>Gross Profit</b>		172,086	168,980
Administrative expenses		<u>(119,968)</u>	<u>(135,734)</u>
<b>Operating profit</b>	2	52,118	33,246
Interest receivable and similar income		<u>3,469</u>	<u>1,654</u>
<b>Profit on ordinary activities before taxation</b>		55,587	34,900
Tax on profit on ordinary activities	3	<u>—</u>	<u>—</u>
<b>Profit for the financial year after taxation</b>		£ <u>55,587</u>	£ <u>34,900</u>
<b><u>Statement of retained profit</u></b>			
Retained profit brought forward		55,585	20,685
Profit for the financial year		<u>55,587</u>	<u>34,900</u>
<b>Retained profit carried forward</b>		£ <u>111,172</u>	£ <u>55,585</u>
Allocated as:			
Reserves		25,000	25,000
Profit and loss account		<u>86,172</u>	<u>30,585</u>
		£ <u>111,172</u>	£ <u>55,585</u>

**THE SHIATSU SOCIETY (UK)**  
**(LIMITED BY GUARANTEE)**

**TRADING AND PROFIT AND LOSS ACCOUNT**  
**FOR THE YEAR ENDED 30TH NOVEMBER 2008**

	2008	£	2007	£
<u>Income</u>	£	£	£	£
Subscription income	179,791		172,635	
Donations received	211		1	
Newsletter advertising revenue	7,570		9,808	
Assessment/verification/ratification	4,386		8,472	
Website	2,742		3,088	
Congress	14,012		1,736	
Internal marketing	1,164		1,529	
Merchandising (including leaflets)	5,735		7,898	
Other income	6,112		4,509	
On line incentive	<u>250</u>		<u>-</u>	
		221,973		209,676
 <u>Cost of sales</u>				
Assessment/verification/ratification	4,627		8,404	
Newsletter production	20,100		19,598	
Merchandising	7,333		9,347	
Congress	16,277		2,190	
Opening stock	<u>3,650</u>		<u>4,807</u>	
	52,987		44,346	
Closing stock	<u>(2,100)</u>		<u>(3,650)</u>	
		<u>(49,887)</u>		<u>(40,696)</u>
<b>Gross Profit</b>		172,086		168,980
 <u>Other income</u>				
Interest received		<u>3,469</u>		<u>1,654</u>
		175,555		170,634
 <u>Expenditure</u>				
Directors' remuneration	17,478		22,511	
Administration	48,502		46,794	
Telephone	868		623	
Printing, postage and stationery	6,467		8,744	
Office rental	8,060		7,819	
Internal marketing	3,503		274	
External marketing	5,083		18,734	
AGM/EGM/meeting of friends	2,573		2,822	
Board of directors expenses	2,522		2,354	
Accountancy	1,600		1,775	
Website/internet costs	1,892		1,963	
Insurance	1,144		81	

Sundry expenses	558		742	
Contribution to ESF	<u>8,450</u>		<u>11,109</u>	
Carried forward	108,700	175,555	126,345	170,634

8

**THE SHIATSU SOCIETY (UK)  
(LIMITED BY GUARANTEE)**

**TRADING AND PROFIT AND LOSS ACCOUNT  
FOR THE YEAR ENDED 30TH NOVEMBER 2008**

	2008		2007	
	£	£	£	£
Brought forward	108,700	175,555	126,345	170,634
Sub-committees:				
Education	19		-	
ESF	1,141		-	
Mentoring	486		-	
Shiatsu Regulatory Forum	4,959		2,701	
Ethics Cases	2,854		1,049	
Research	<u>-</u>		<u>3,100</u>	
		<u>118,159</u>		<u>133,195</u>
		57,396		37,439
<b><u>Finance costs</u></b>				
Bank charges		<u>1,360</u>		<u>1,846</u>
		56,036		35,593
<b><u>Depreciation</u></b>				
Computer equipment		<u>449</u>		<u>693</u>
<b>Net profit</b>		£ <u>55,587</u>		£ <u>34,900</u>

Please insert the 4 charts showing:-

Membership numbers (pie chart)

Income by membership categories (pie chart)

Income by categories (pie chart)

Expenditure by category (pie chart)

## **DIRECTOR'S REPORT – DAVID HOME**

### **European Shiatsu Federation (ESF)**

Over the last year the ESF has worked hard to promote the results of the research project with presentations in most of the member countries plus Croatia with additional enquiries coming in from Italy, Portugal, Estonia and also the ESF made an offer to go to Germany. This last one because they were involved in the first phase of the project. While Seamus was giving a presentation of the research results in Croatia they seem interested in becoming a member of the ESF at some point in the future, however certain criteria have to be met and procedures followed before this can happen.

The ESF is currently going through a time of change as there is a new representative for Spain and for the next meeting there will also be new reps for Austria, Sweden and the Czech Republic and perhaps even Ireland. This means that it has been a little quiet as the change-over happens. However, the ESF was present at a scientific conference in Germany to add voice to the need for CAM to be part of the overall health strategy in Europe and has continued to be regularly represented in Brussels at various CAM and health related meetings.

The aim in 2009 is to develop the ability to lobby on behalf of CAM, as the new health initiative is discussed. In order to do this the representation in Brussels will need to change its structure somewhat, particularly that part which is being carried out through The European Forum for Complementary and Alternative Medicine (EFCAM). Let us hope that the regulation process occurring in the UK will help support the interests of CAM practitioners throughout Europe and add weight to the arguments being waged in Brussels about the legality to practise.

It is also hoped that a group from Italy will be joining the ESF this year, although it has been acknowledged that there is no such thing as a single National Shiatsu Organisation there. There are several large organisations with members throughout the country but they are not interested in coming together as they have different approaches. Therefore, the ESF has accepted the possibility of more than one representative from Italy being present, however the country 'Italy' will still only have one vote in any final decisions made by the ESF. Until now all decisions have always been made by consensus and it is desired that this will continue.

The ESF has also been in communication with the International Shiatsu Network (ISN) with the aim of further talks to iron out differences and increase co-operation where possible. Initial communication has been by email and phone and has been quite positive, and we are now looking to organise a face to face meeting in the spring. There are a number of things that the ISN and ESF have in common, however as usual there are also a few stumbling blocks that mean dialogue is from rather different perspectives but this should not prevent dialogue. On reflection and comparison to other countries we must regard ourselves as fortunate that the system in the UK is so open to us practising shiatsu and perhaps through regulation might even become genuinely supportive. However, we need to remain vigilant, as the attitude in other EU countries is rather different, which is why the representation in Brussels is now becoming one of the major priorities of the ESF.

David Home

## **DIRECTOR'S REPORT – ELIZABETH DAVIES**

### **Regulation**

2009 promises to be a major turning point for the Shiatsu Society and Shiatsu practitioners. At last all our years of work towards regulation are bearing fruit, and our mandate from our membership to be part of this process has been fulfilled. The new regulation body for Complementary Health practitioners, the Complementary and Natural Healthcare Council (CNHC) has finally been set up, and its register is now live, as the CNHC press release below proclaims.

### NEW VOLUNTARY REGISTER FOR COMPLEMENTARY HEALTHCARE

The Complementary and Natural Healthcare Council opened its new register on 19<sup>th</sup> January 2009 which means for the first time in the UK, members of the public who use a range of complementary healthcare services will be able to check that their practitioner is registered with an independent, and robust voluntary registration body.

With more than 150,000 complementary healthcare practitioners in the UK and an estimated 1 in 5 people using complementary disciplines, the CNHC has been formed to enhance public protection by setting standards for registration.

The CNHC kitemark will be established as the hallmark of quality for the sector. Over time, the general public and those who commission the services of complementary healthcare practitioners will be able to choose practitioners with confidence, by looking for the symbol.

Based on substantial preliminary activity undertaken by the Prince's Foundation for Integrated Health and with the help of a range of complementary healthcare practitioners, the CNHC was founded in April 2008. The Department of Health has consistently supported the CNHC throughout its start-up period and is committed to establishing the CNHC as the national voluntary register in the complementary healthcare field.

Ben Bradshaw, Minister of State for Health, said: "I welcome the opening of the Complementary and Natural Healthcare Council (CNHC) register. Now that the Council is open for business, there will be a single voluntary registration body encompassing a wide range of complementary and alternative therapies, to which the public can turn for help.

"Members of the public who use these therapies will be able to check whether the practitioner they're seeing is registered with the CNHC. If they are, they have the reassurance of knowing that they have had to meet minimum standards of qualification and that they have signed up to a rigorous code of conduct. Practitioners too will benefit by increased public confidence.

"Public safety is paramount. Registration, whether voluntary or statutory, is about protecting patients, and I am pleased to see this important milestone in voluntary registration. People should always seek their GP's advice to ensure that any other therapy they use does not conflict with orthodox treatment," he concluded.

In order for practitioners to successfully register with the CNHC and receive the kitemark, they must have undertaken a programme of education and training which meets, as a minimum, the National Occupational Standards for that profession/discipline or achieved competency to the same level by means of relevant experience and assessment.

The first professions to have the standards in place for registration with the CNHC are massage therapy and nutritional therapy. Throughout 2009, the Register will be opened to further disciplines, as they become ready and wish to register, and include: Alexander technique; Aromatherapy; Bowen technique; Cranial therapy; Homeopathy; Naturopathy; Reflexology; Reiki; Shiatsu; and Yoga therapy.

For further information about registration, visit [www.cnhc.org.uk](http://www.cnhc.org.uk)

Most importantly, Shiatsu is all set to join the register later in the year. The Shiatsu Regulatory Group (SRG) is working with Skills for Health, the NHS commissioned consultancy for National Occupational Standards (NOS), to formulate Shiatsu NOS training standards, that will be comparable with the other therapies on the register. This is a pre-requisite for joining the register. It will involve a set of generic core NOS, and Shiatsu-specific NOS. This will ensure that there is a common basic training for all registered Shiatsu practitioners, no matter where or with whom they train. It does not limit the scope or depth of training and expertise, but merely sets a basic level, to which all practitioners must attain.

An important feature of the SRG work has been in bringing the different professional associations and schools together. In fact, the Lay Chair, Paul Nethercott, said that he felt this was a most significant and worthwhile outcome of the SRG, and the Prince's Foundation for Integrated Health (PFIH) regulation programme, and congratulated all the members on working so well together, and uniting in a common endeavour. Paul has been so pleased by the success of the group that he has agreed to continue as Chair, despite the low stipend on offer. Once registration is completed, the SRG will no longer function as a regulatory group, but will reconstitute itself as the Shiatsu Reference Group, and will work as a reference point between the professional associations and the Shiatsu Profession Specific Board (SPSB) of the CNHC.

The next stage of SRG work is the setting up of the SPSB. This will require recruitment of board members. The PSB board members will be remunerated posts, and an advertisement for job applications will be posted on the Shiatsu Society E-News and in the Newsletter. These posts are open to all experienced Shiatsu practitioners who meet the selection criteria. The work of the PSB board will be in monitoring, setting and vetting Shiatsu standards in conjunction with the CNHC Education and Standards Board.

The setting up of the new CHNC means that some of the work of the Shiatsu Society may no longer be necessary, and this has meant the Board discussing and re-evaluating the role of the Society as a professional association. It seems that the Society, freed from some of its former roles, will soon be able to expand its work in new areas.

I would particularly like to thank Carol Dean and Marilyn Collins for their valuable work and dedication in representing the membership on the SRG. Carol has undertaken the difficult role of Secretary for the SRG throughout its existence with exemplary skill. I would also like to thank all those members who have participated in the regulation debate and in giving advice and time and thought and energy whenever needed. Thank you all for empowering the Shiatsu Society in representing Shiatsu in the regulation process. Your views and involvement is always appreciated, and there is a place for you to participate in discussion forums on the SRG website [www.shiatsuregulatorygroup.org](http://www.shiatsuregulatorygroup.org)

## **Ethics**

We have had a busy year, with several investigation panels and adjudication tribunals. I would like to thank all of our panel members, and our Lay Chairs for their time and energy and skill in participating in our Ethics Procedures. We have one ongoing case which is involving us in a judicial review process which means that the Society has to have legal representation, which could prove costly. Luckily our insurance is covering us for some of this. Some of the regulatory role of the Shiatsu Society will soon be undertaken by the new regulator, the Complementary and Natural Healthcare Council (CNHC), particularly with fitness to practice (ftp) cases. This will help to limit our expenditure on the Ethics Budget, which will be very welcome. Of course, this will only apply if members who are complained against by the public have joined the CNHC.

This year it has become apparent to me how difficult it is for the society to represent professional interests and also act in the interests of the public. This does, often, create a conflict, and it is very hard for the society to act in both roles. When a member cannot accept the conduct or outcome of the investigation or adjudication panels, that member has recourse to our internal appeals process, or to the law, and is covered by the same Balens insurance policy as the Society. Balens, as insurer, can act for both the aggrieved member and the society without any conflict of interests, in providing legal support. However, it is very difficult for the society, whose role is to protect a member, and direct a member to seek help from Balens as insurer, to then have to convene a tribunal to adjudicate on the possibility of breach of the code of conduct between a member and the public. It makes it much clearer why the government has seen the need for independent regulators in all the health professions.

We have maintained our effort throughout the year to facilitate the setting up of a support group, as promised, for members. I am very glad to report that Paul McNicholls has now found a female co-facilitator, and is now ready to set up the support group for members who have experienced emotional trauma, particularly with regard to violent and sexual abuse, and who want to work on boundary issues and how to integrate this in their Shiatsu practice. A number of members have made contact with Paul, and have expressed interest in participating. I hope that this group will evolve to fulfil a function in the Shiatsu world in supporting the healing of deep emotional scars which can break open during Shiatsu work, at any time.

We are hoping to run a training workshop this year, to develop and update all our Ethics sub-committee panel members. This will qualify as Continuing Professional Development, (CPD).

Elizabeth Davies

# **DIRECTOR'S REPORT – CATHERINE SCANLON**

## **Education**

The year has included the usual mix of applications to join the Society at a Graduate level from international practitioners, and from UK based practitioners wishing, for example, to move back from Associate to Graduate

or MRSS registration. We have had 150 Graduates who have joined the Post Graduate Year (PGY) since it was set up a couple of years ago, of whom 51 joined this year. 47 of the people on the PGY this year have now progressed onto our Professional Register (MRSS). In contrast, we have run 2 Assessment Days, and 8 Graduates of the 10 who applied have joined the professional register by this route. So, there has been a clear shift in the last couple of years, since its being voted on and developed, for Graduates to choose progression to membership of the Professional Register (MRSS) by means of the Post Graduate Year.

Many thanks to the members of the Education SubCommittee (General) – Laura Davison, Carol Dean, Rose Fuhrmann, Tamsin Grainger, Chris Harris and Sue Spurr – for their work on the committee, and for joining our bimonthly teleconferences which provide a forum for discussion and development of policy. Tamsin has decided, with her taking on the Chairship of the Shiatsu Society that she will not have sufficient time to continue on it. So, additional thanks to her for her contributions over the past few years, and wishing her well in her work with the Society from the position of Chair.

The underpinning Ratification Processes for Shiatsu Schools have been continued. Re-ratification of theory has been carried out for Ealing School of Shiatsu, and Bath School of Shiatsu was ratified for the first time. The process of re-ratifying the Schools re-ratified 3 years ago (1<sup>st</sup> January 2006) (Devon School of Shiatsu, Shiatsu College, Northern School of Shiatsu, European School of Shiatsu, London College of Shiatsu, Genki School of Shiatsu, Glasgow School of Shiatsu, Aberdeen College of Shiatsu, The Shiatsu School Edinburgh) has been started. Practical Ratification visits have been effected where appropriate.

The Ratification Group (Laura Davison, Carol Dean, Elaine Liechti, Veronica Howard, Anne Palmer, Sibylle Walter) held some teleconferences during the year, in order to support and develop the Ratification Process. The main intention was to find a way to integrate the Theory with the Practical. Due to some uncertainty in the air as to whether we needed to proceed with MRSS and Ratification at all, and to time constraints, we have not been able to implement this integration as yet. Elaine Liechti has decided to resign from the group since she is busy with many other things, personal and professional. Many thanks to her for her energy, enthusiasm and vision in developing this process thus far.

Cliff Andrews independently decided to commission and write a review of the Post Graduate Year process, which he presented to the Schools Meeting, organised independently by Shiatsu Schools, in November 2008. This Report has since been circulated to the Board and Education Subcommittee for consideration. A teleconference (8<sup>th</sup> December 2008) between Board members concluded that it would be unwise to tinker further with the Post Graduate Year at present until the CNHC (Complementary and Natural Healthcare Council) Regulation has settled in, and its processes and implications become clearer.

The Teacher Training Group (Cliff Andrews, Kate Burford, Annie Cryar, Laura Davison, Carol Dean) has not met this year, because there have been no applications to join the TT register by means of portfolio, which may generate some questions when it happens, especially for the first few times. Teresa Hadland has held focus for the 't' and 'T' applications.

Other projects that the Education SubCommittee has given attention to have included the ability for members to share their Student Projects in the Document Downloads area of the Members Area of the website. There has not been much take up of this as yet, but we have decided to hold it open, in case it develops in the next few years.

Additional thanks to all mentioned above, and to the many others who have also worked for the Education Area this year.

Catherine Scanlon

## **CONGRATULATIONS**

Congratulations to the following members who have been accepted onto  
**The Register of Professional Practitioners of the Shiatsu Society (MRSS)**

Zoe Masters	Karen Hodgson	Liz Bibby	Yumiko Ishii
Muriel Simpson	Christine Patient	Rachel Nicolle	Robin Snowdon
Joyce Sawford	Maureen Robertson	Trisha Mellish	Melanie Klein
Gudrun Schneider	Sarah Kibble	Anwar St Clair	Don Blackett
Karen Durham	Rosie Freeman	Sue Harrington	Nadia Reid
Susan Sewell	Evelyn McGrath	Lynn Southam	Christopher Mellish
Kirsty Mooney	Jilly Russell	Shona Adam	Geoff Hogan
Eileen McEvoy	Becky Wakefield	Rebecca Duncan	Elizabeth Glaisher
Alison Hosking	Jane Yates	Deborah Grierson	Maria Faundez
Kitty Cava	Deborah Taylor	Janie Corbett	Karen Merritt
Clare Hill	Deborah Foster	Patricia Leeson	Tamsin Hayes
Clive Pembury	Sue Richards	Kate Man	Darren McCarthy
Jane Bastable			

Congratulations also go to the following Practitioners on becoming  
**Registered Shiatsu Society Teachers (MRSS(T))**

Markus Heimpel      Shuddhabha

## DIRECTOR'S REPORT – MICK DUNCAN

### Newsletter Liaison Report

The Newsletter has been running over budget for a number of years. In the last three years as an example, it ran over budget by £14,460 in 2006, by £11,039 in 2007 and by £12,530 in 2008. The more dramatic overspend in 2008 was brought about by a down turn in advertising revenue. We are looking at widening the scope of who we are prepared to have advertise with us. For instance, I am hoping we can attract some ecological advertisers for our Spring issue, given that our congress this year is at an Eco-conference centre.

It could be said that our major change to help reverse overspending has an ecological perspective. However this was not the motive. The motive was purely to save money. We have decided to reduce the size of the Newsletter and hopefully all of you will have the result in your hands by the AGM.

The Newsletter will have the same number of pages but will be between A4 and A5 (called Programme size). Shumacher coined the phrase "small is beautiful" and I am hoping that will be the truth here too. The expediency of reduced print and postage costs results in a saving of £6,260 minimum per annum. It was a difficult decision to leave A4 but it is reversible. The spirit of experimentation, strangely has come, by mere chance, at the time of an ecologically based congress. The mystery of it all!!! Not only this but the idea of offering the Shiatsu Society magazine as a Web-zine has also appeared. If a proportion of the members really would prefer to receive the Newsletter as a Web-zine they can print off onto a paper of their own choice, this could reduce print and postage costs even further. We will be asking members whether they want to go this way.

There have been changes on the Editorial front. The number of Editors in the Editorial Group is being allowed to increase to a maximum of 8 rather than 4. This is due to an influx of members both qualified and interested in becoming Editors of the Newsletter. Thanks to all those who have come forward.

Matrix Ltd, our printers, have continued to provide a smoothly running service. I would like to thank the Manager, Gary Elliot, for all the free work he has done on our behalf looking at pricing on format changes. He also provided paper blanks of all the variations we wanted to look at. This was a great help in deciding what to do.

Finally I want to thank the Office staff and all the Editors for their hard work in bringing it all together. Of course without the contributors they would be putting together thin air. So thanks to those who contribute.

## **Rules & Regulations**

As it has been a short time between AGMs there is only one small change that the Board of Directors have passed as alterations to our rules. There is definitely nothing contentious. The alteration to the Rules and Regulations that were passed at the last AGM have been incorporated into the existing document. If you want information about which pages the changes occur on so that you can replace these pages via the website, then contact the office.

Mick Duncan

*Please note that Director's reports are written at the end of January.*

# NOTICE OF MEETINGS

Notice is hereby given that the 2009

Informal Meeting of Friends,  
Annual General Meeting (AGM)  
and an Extra-ordinary Meeting (EGM)  
of the  
Shiatsu Society (UK)  
will be held at

Bristol Buddhist Centre  
162 Gloucester Road  
Bishopston, Bristol  
BS7 89T

On  
Saturday 4<sup>th</sup> April 2009

## TIMINGS

Informal Meeting of Friends – 11am to 12.30 pm

Lunch – 12.30 pm to 1.30 pm

Annual General Meeting (AGM) – 1.30 pm to 2.30 pm

Presentation – 3.00 pm to 4.00 pm

Extra-Ordinary Meeting (EGM) – 4.15 pm to 5.15 pm

Every paid up member of the Society is entitled to attend and vote at these meetings.

You are invited to submit amendments to the proposals on the Agenda of the A.G.M. or E.G.M. The Rules and Regulations of the Society state:

*7)e) Amendments to motions on the agenda of the A.G.M. or an E.G.M. must be sent to the registered offices of the Society, to arrive at least 3 working days before the appointed date of the meeting. Proof of posting to, cannot be assumed to be proof of receipt by, the office.*

If you cannot attend the A.G.M. you may put written questions to any of the Directors which will be answered at the meeting and the answer published in the next general mailing to members or the next available issue of the Newsletter. Please send any written questions to arrive at the registered offices of the Society at least 3 working days before the appointed date of the meeting.

# ANNUAL GENERAL MEETING

Bristol Buddhist Centre, 162 Gloucester Road, Bishopston, Bristol BS7 89T. 1.30 – 2.30 pm

## Agenda

- 1) Apologies
- 2) Minutes of the Annual General Meeting of 2008 (page )
- 3) Matters Arising from the Minutes
- 4) The Annual Report of the Directors (page )
  - (i) written questions to the reports (available at the meeting)
  - (ii) verbal questions to the reports
  - (iii) acceptance of Directors Reports
- 5) The Board of Directors proposal to increase the membership fees (page )
- 6) Audit Sub Committee proposals (page )
- 7) Changes to the Rules & Regulations made by The Board during the year (page )
  - (i) Rules and Regulations Section 5)b)vi)2) (page )
- 8) Election of Directors (page )
- 9) Changes to the Rules and Regulations
  - (i) Removal of Rules & Regulations 3)c)iii) (3) and (4) (page )
  - (ii) Change to Rules & Regulations 3)iv) (page )
  - (iii) Change to Rules & Regulations 3)iv) (page )
- 10) Any Other Business (page )

There are no proposals.

Page numbers need to be inserted after printers proof.

\*\*\*\*\*

### Agenda Item 2: Minutes of the Annual General Meetings 2008

For a copy of the minutes please visit the members' area of the website (downloads page) or you can request a copy from the Office by email or post.

The minutes have not been printed in this booklet due to their size and to save the world's resources.

### Agenda Item 3: Matters Arising from the Minutes

Matters arising from the 2008 AGM minutes.

### Agenda Item 4: Annual Report of the Directors

Please see pages 2-19 of this booklet.

### Agenda Item 5: The Board of Directors proposal to increase the membership fees

Proposed: David Home, MRSS(T)  
Seconded: Elizabeth Davies

“The Board of Directors propose that there be no increase in membership fees for 2010. “

## Agenda Item 6: Audit Sub Committee proposals

Proposed: David Home, MRSS(T)  
Seconded: Carol Dean, MRSS(T)

The Board proposed to the Audit Sub Committee that the Directors fees and expenses budget remain the same as last year at £20,000.

## Agenda Item 7: Changes to the Rules & Regulations made by the Board during the year

Proposed by: Mick Duncan  
Seconded by: David Home, MRSS(T)

Rules and Regulations Section 5)b)vi)2)

Current text :

vi) *Animals*

(2) *The rendering of emergency first aid to animals is, however, permissible for the purpose of saving life or relieving pain. What constitutes an emergency must be a question for the judgement of the individual Member. **The Protection of Animals Act 1911** lays down as an obligation that if an animal needs treatment from a veterinary surgeon the owner must be advised to obtain this.*

The ‘Protection of Animals Act 1911’ has been replaced with ‘the Animal Welfare Act 2006’ so should be replaced with that. New text to read:-

vi) *Animals*

(2) *The rendering of emergency first aid to animals is, however, permissible for the purpose of saving life or relieving pain. What constitutes an emergency must be a question for the judgement of the individual Member. **The Animal Welfare Act 2006** lays down as an obligation that if an animal needs treatment from a veterinary surgeon the owner must be advised to obtain this.*

These changes were made at the Board meeting on 16<sup>th</sup> December 2008.

## Agenda Item 8: Election of Directors

The election of Directors will be overseen by Electoral Reform Services. There are three places available.

**If you wish to stand for election as a Director of the Society please contact the office for a nomination form and Induction Pack so that you can assess what is required as a Director. Completed nomination forms must reach the Office of the Society with a minimum of 5 working days before the A.G.M. (by 5pm 27<sup>th</sup> March 2009).**

## Agenda Item 9: Changes to the Rules & Regulations

### (i) Proposal to delete Rules & Regulations 3)c)iii) (3) and (4)

Proposed by: Catherine Scanlon, MRSS  
Seconded by: Elizabeth Davies

Proposal to remove the 4-year maximum rule for Graduate Members.

Rationale: In view of the way regulation is developing, via the Complementary and Natural Healthcare Council (CNHC) it seems appropriate to remove the 4-year time limit necessary for Graduates to join the professional register (MRSS) within four years.

#### Proposal:

"The Board propose to remove the Rules and Regulations section 3)c)iii) (3) and (4)."

*(3) Members may only be in this category for a total of 4 years. If membership in this category is interrupted by a period as an Associate Member, the calculation of the total number of years as a Graduate Member will resume from the point where Graduate membership was ceased. See Rules and Regulations Section 14.*

*(4) Members may be in this category for a maximum of 3 years before commencing their Post Graduate Year or a maximum of 4 years before successfully passing the Society's MRSS Assessment if the Post Graduate Year route is not available to them. The 4-year period starts from January 2006 for those already in this category. If, at the point of application, a Graduate member is not accepted as a MRSS and becomes an Associate member but continues to work on aspects of their practice before re-presenting themselves for MRSS, then the three year period of 3)c)ii)4) does not apply.*

(re-number sections 5 – 7, as 4 - 6).

### (ii) Change to Rules & Regulations 3)iv)

Proposed by: David Home, MRSS(T)  
Seconded by: Bryony Williams, MRSS(T)

3)vi). To add the following paragraph to the Rules and Regulations:

"(3) Or have been a graduate member of the Shiatsu Society, commencing before December 2006 and can present evidence of a minimum number of 100 treatments for the year prior to application with a letter of recommendation from a member of the current SSUK assessment pool, unknown to the applicant. The letter must clearly state that a safe and appropriate treatment has been received by the assessment pool member and that there is satisfactory knowledge of the ethics code of the Shiatsu Society has occurred. (The member of the assessment pool can reserve the right to ask for a second opinion and ask for another pool member to be involved in the process)."

### (iii) Change to Rules & Regulations 3)iv)

Proposed by: David Home, MRSS(T)  
Seconded by: Bryony Williams, MRSS(T)

3)vi)To add the following paragraph to the Rules and Regulations:

“(4) Or have been a practitioner abroad for a minimum of 3 years and can present evidence of a minimum number of 100 treatments for the year prior to application with a letter of recommendation from a member of the current SSUK assessment pool, unknown to the applicant. The letter must clearly state that a safe and appropriate treatment has been received by the assessment pool member and that there is satisfactory knowledge of the ethics code of the Shiatsu Society has occurred. (The member of the assessment pool can reserve the right to ask for a second opinion and ask for another pool member to be involved in the process). “

---

## **Agenda Item 10: Any Other Business**

# EXTRAORDINARY GENERAL MEETING

Bristol Buddhist Centre, 162 Gloucester Road, Bishopston, Bristol BS7 89T. 4.15-5.15 pm

## Agenda

- 1) Apologies
- 2) Minutes of the Extraordinary General Meeting 2008 (page )
- 3) Matters arising from the Minutes (page )
- 4) Proposals:  
There are no proposals.
- 5) Any Other Business

Insert page numbers when got printers proof.

### Agenda Item 2: Minutes of the Extraordinary Meeting 2008

For a copy of the minutes please visit our website to view / download them or you can request a copy from the Office by email or post.

The minutes have not been printed in this booklet due to their size and to save the world's resources.

### Agenda Item 3: Matters Arising from the Minutes

Any Matters Arising from the minutes of the 2008 EGM.

### Agenda Item 4: Proposals

No proposals have been received.

### Agenda Item 5: Any Other Business